



TANZANIA NATIONAL PARKS

CYCLING GUIDELINES



SEPTEMBER, 2016

1.0 BACKGROUND

Cycling is an activity that involves riding of bicycles often over a rough terrain. This activity requires bike handling skills, endurance, core strength, balance, self-reliance with specifically designed bicycles.

Due to increasing demand for cycling, TANAPA has introduced this activity in Arusha and Kilimanjaro National Parks. This activity provides physical exercise and recreational use of the natural environment with minimum impact while enhancing visitors' experience.

Therefore, for smooth operations of the activity, the following guidelines seek to strike a balance between conservation objectives and visitor's use.

2.0 AREAS FOR THE ACTIVITY

The respective Park Management in line with the General Management Plan (GMP) shall guide the areas where cycling activity can take place.

3.0 TYPE AND NUMBER OF BICYCLES

Suitable and well designed bicycle (non motorized) shall be used for the activity. The number of bicycles per route at a time will be determined according to the GMP of the respective park and booking procedures.

4.0 PERMITS AND LICENSE REQUIREMENTS

The activity shall be organized by a tour operator with:

- i. Valid Tanzania Tourism Licensing Board (TTLB) license
- ii. Clean business record
- iii. Professional identified guide.

5.0 ENVIRONMENTAL AND SOCIAL CONSIDERATIONS

- i. Cycling shall be done under strict environmental considerations
- ii. Cyclist must respect other park users

- iii. Trash in trash out (TITO) system applies.

6.0 SAFETY, SECURITY AND HEALTH CONSIDERATIONS

- i. Briefing shall be conducted before commencement of the activity by park official
- ii. Tour operators shall provide all the necessary safety equipment including whistle, helmet, GPS, first aid kit, protective glasses, repair kit (tool box) and any other professionally required equipment for cycling to all users
- iii. Visitors under the influence of alcohol or any illicit drugs will not be allowed to conduct cycling in the park
- iv. Children of or above 10 years old will be allowed to conduct cycling to an altitude of 3700amls and all be accompanied by adults
- v. The operator must provide a reliable communication system
- vi. All clients must register at park gate upon entry and exit
- vii. Only one person per bicycle will be allowed
- viii. All guides must be knowledgeable on first aid and cycling skills

7.0 AREAS FOR OPERATION

- For Kilimanjaro National Park, summit bound visitors will use Kilema route (19km) and porters will use the Marangu route a day in advance. Cyclist will meet their porters at Horombo. Porters are not allowed on this route.
- For non summit bound visitors (Kilimanjaro National Park), cycling may start from Londorosi gate or from Morum Picnic site via shira I to Cathedral then back to Morum picnic site via rescue road to Londorosi gate (44.7KM)
- For Arusha National Park: Cycling routes are the Ngongongare to Momella gate via Naggy-trappe , other route is around the gurdoto crater.

8.0 TIMING OF THE ACTIVITY

- i. Cycling shall be carried out during the day, between 6.30 am and 6:00 pm
- ii. For Mount Kilimanjaro summiting must strictly be done from 11:00 am and 6:00pm

9.0 PAYMENT MODALITIES

- i. Payment must be made by Master/Visa card and TANAPA prepaid cards at park entry gates.
- ii. Fees will be charged according to TANAPA tariff structure as may be reviewed from time to time.
- iii. Cycling fee is paid extra to the normal fees.

10.0 INDEMNITY FORMS

All visitors must fill and sign Indemnity forms before conducting cycling in the specific park.

11.0 MONITORING AND EVALUATION

Regular monitoring shall be carried out by park management to see if the activity complies with the operating guidelines and TANAPA legislations. The park management shall also conduct annual evaluation to assess the impact of the activity and recommend effective mitigation measures.

Review of the guideline shall be done regularly as required.

CODES OF CONDUCT

1. Ride on designated trails only. Respect trail and road closures (ask if uncertain); obtain permits or other authorization as may be required
2. Do not leave anything on the trail. Picking up litter from other users is always appreciated
3. Control your bicycle. Not being attention for even a second can cause problems
4. Always yield trail. Take precautions and be considerate to other trail users
5. Never scare animals. All animals are startled by an unannounced approach, a sudden movement, or a loud noise
6. Plan ahead. Know your equipment, your ability, and the area in which you are riding and prepare accordingly
7. Respect instructions of your guide
8. Do not uproot plants or break branches

9. Vandalism is strictly prohibited
10. Do not acquire souvenirs in the park such as stones, feathers, seeds, bones or other archeological artifacts
11. Be extremely careful with fires -do not start any fire.
12. Use public washroom facilities all the time unless you have private mobile ones

Issued by,

The Director General

Tanzania National Parks